THE SKINFOOD KITCHEN®

www.theskinfoodkitchen.com

All Natural Face Toner

INGREDIENTS

MAKES APPROX 4 OZ

BASE

1/4 CUP ROSEWATER

1/4 CUP WITCH HAZEL

FOR BLEMISHED SKIN ADD:

1 TEASPOON VITAMIN E OIL

20 DROPS LAVENDER ESSENTIAL OIL

20 DROPS TEA TREE ESSENTIAL OIL

10 DROPS JUNIPER BERRY ESSENTIAL OIL

10 DROPS JUNIPER BERRY ESSENTIAL OIL

10 DROPS LEMON ESSENTIAL OIL

FOR NORMAL SKIN ADD:

1 TEASPOON VITAMIN E OIL

1 TEASPOON VITAMIN C SERUM

20 DROPS LAVENDER ESSENTIAL OIL

20 DROPS GERANIUM ESSENTIAL OIL

EQUIPMENT

1 SPRAY BOTTLE (WE USED A 4 OZ GLASS BOTTLE)

INSTRUCTIONS

1. ADD ALL BASE INGREDIENTS TO YOUR BOTTLE, SHAKE WELL. NOW YOU HAVE A GOOD FACE TONER TO CLEANSE YOUR FACE AFTER WASHING IT.

2. IF YOU'D LIKE TO FANCY IT UP A LITTLE, ADD THE OILS SUITABLE FOR YOUR SKIN TYPE AND SHAKE WELL UNTIL EVERYTHING IS WELL COMBINED.

3. LABEL AND USE IT DAY AND MORNING AFTER WASHING YOUR FACE BY SPRAYING A FEW PUMPS ONTO A COTTON PAD AND GENTLY WIPING YOUR FACE, AVOID EYE AREA. SHAKE WELL BEFORE EACH USE. ENJOY!