

Cleansing Mineral Mask

INGREDIENTS

MAKES APPROX 5.5 OZ

BASE

- 3 TABLESPOONS FRENCH ROSÉ CLAY
- 1 TABLESPOON BENTONITE CLAY
- 1/2 TABLESPOON CHAMOMILE POWDER
- 1/2 TABLESPOON ROSEHIP POWDER

EQUIPMENT

- 1 AIR TIGHT JAR
- 1 MEDIUM SIZE BOWL
- 1 SMALL WHISK OR SMALL SPOON

INSTRUCTIONS

1. ADD ALL CLAYS AND POWDERS TO YOUR BOWL, MIX WELL.
2. TRANSFER YOUR MASK INTO YOUR JAR AND LABEL.
3. 1-2 TIMES A WEEK, ADD 2 SPOONS-FULL TO A CLEAN BOWL, WHISK IN A FEW DROPS OF WATER TO CREATE A SMOOTH PASTE. APPLY ON YOUR FACE AND HALF YOUR NECK, AVOID EYE AREA. RINSE OFF JUST BEFORE IT'S COMPLETELY DRIED.
4. ENJOY!