## THE SKINFOOD KITCHEN®

www.theskinfoodkitchen.com

Aronatherapy Linen Spritz

## INGREDIENTS

MAKES APPROX 4 FLOZ

1/2 CUP DISTILLED WATER

10 - 40 DIZOPS ESSENTIAL OIL OF YOUTZ CHOICE

1/2 TEASPOON SALT OTZ CITTZIC ACID FOTZ NATURAL PRESETZVATION

## EQUPIMENT

I SPRAY BOTTLE THAT CAN HOLD 4 OZOF LIQUID

## INSTIZUCTIONS

1. ADD ALL INGRZEDINETS TO YOUR BOTTLE AND SHAKE WELL.

2. SPTZAY ON EVETZYTHING ATZOUND YOUTZ HOME TO PUTZIFY AITZ AND MAKE EVETZYTHING SMELL AMAZING. SHAKE WELL BEFOTZE EACH USE.

3. ENJOY!